

A PARENT'S GUIDE TO PEDIATRIC DENTISTRY: protect the baby teeth

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✓ Verified Book of A PARENT'S GUIDE TO PEDIATRIC DENTISTRY: protect the baby teeth

## Summary:

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This book is dedicated to the parents who are a positive force in their children's lives.

To the parents:

This book is more than an introduction to dentistry. The goal of this book is to empower parents with the same behavioral management techniques as well as the age-appropriate dental terminology that dentists learn in dental schools nationwide. During the course of my dental training, I have witnessed many children in pain due to dental neglect. I myself experienced severe dental pain as a child, and I wouldn't wish that pain on any child. Dental caries is most infectious disease worldwide and remains the number one reason for missed school days in children. It is my hope that this book will serve as a simple, intuitive tool to guide parents to do the following effectively: a) to instill an effective dental hygiene routine that will be upheld through adulthood, b) to improve and preserve both oral and overall health in children, and most importantly, c) invoke awareness by incorporating the same dental language pediatric dentists use in your homes.

Please read this guide first, and then incorporate age-appropriate language when teaching your children oral hygiene. There are common dental procedures outlined using age-appropriate language used by most dentists. I want to teach you this pediatric dental language as well as the dental procedures. Read these procedures again to your child before they see the dentist so that they may become excited, engaged, and less fearful. I will then provide parent-specific instructions that will provide some insight into the mind of a dentist. Please realize that dentists care about you and your family. They are here to help and they want to help. Always remember to reach out to your dentist with any questions regarding your child's oral health. Let's work together to prevent disease in children.

\*\*\* Do not use this book to diagnose your child. ALWAYS seek the advice of your dentist to answer questions regarding your child's oral health.

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